

Sex and Relationship Education



Information session for parents

Wednesday 22nd March 2017

Aims

- To provide the context, principles and practice for teaching high-quality Sex and Relationships Education
- To become familiar with the school SRE programme

Our Programme

- Our programme promotes the following values;
- respect, love and care
- the importance of family life, marriage, and stable and loving relationships for the nurture of children;
- the need to explore, consider and understand moral dilemmas;
- the importance of critical thinking as part of decision-making.

Where do children learn about sex and relationships?

Parents/carers?

Friends?

School? Lessons/playground?

Magazines?

Television?

Internet?

What would be our preferred options?

Putting SRE into context

- More than ever before, children are exposed to representations of sex and sexuality through the media and the social culture around them
- Rates of STIs and teenage pregnancy in the UK are worryingly high – as is the regret felt by young people after early sexual experiences
- Parents say they want the support of schools in providing SRE for their children
- Research consistently shows that effective SRE delays first sexual experience and reduces risk taking
- Surveys of children and young people have repeatedly told us SRE tends to be “too little, too late and too biological”

Starting Point

- We all want what is best for children.
- We want to protect children and to keep them safe.
- We want children to be healthy and happy.

High quality SRE is part of this.

The main aim for SRE in primary schools

- To enable young people to understand and respect their bodies, and be able to cope with the changes puberty brings (without fear)

2014 National Curriculum Science

Key Stage 1: Year1

Living things and their habitats: animals including humans

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

Key Stage 2: Year 5 Science

Living things and their habitats

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals

Animals including humans

- describe the changes as humans develop to old age

Key Stage 2: Year 5 Science

Notes and Guidance

- Pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals.
- They might observe changes in an animal over a period of time (for example, by hatching and rearing chicks), comparing how different animals reproduce and grow.
- Pupils should draw a timeline to indicate stages in the growth and development of humans. **They should learn about the changes experienced in puberty.**
- Pupils could work scientifically by researching the gestation periods of other animals and comparing them with humans; by finding out and recording the length and mass of a baby as it grows.

Parental Rights

- Parents/carers have the legal right to withdraw their children from the SRE included in the PSHE Education curriculum (as that is non-statutory)
- **But** not from the Sex Education included in the National Curriculum Science Orders

The learning outcomes of our programme will be that pupils will:

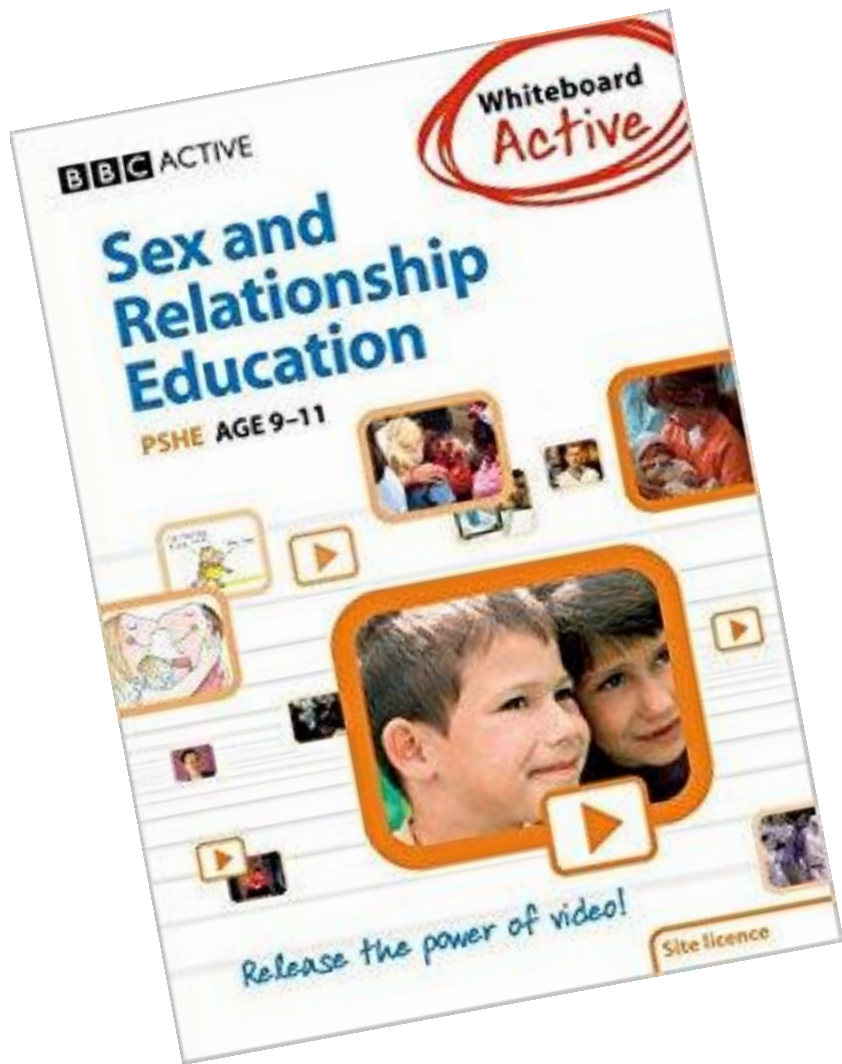
- know and understand physical development at appropriate stages;
- be able to learn to manage emotions and relationships confidently and sensitively;
- developing self-respect and empathy for others
- understand that they are in control of their bodies

BBC ACTIVE

Whiteboard Active

Sex and Relationship Education

PSHE AGE 9-11



Release the power of video!

Site licence

New Edition 2010



The Christopher Winter Project Teaching SRE with Confidence in Primary Schools

sex and relationships education
lesson plans and resources for years 1-6

the christopher winter project



Year R (CWP)

1: Our Day

- Sequencing events

2: Keeping Ourselves Clean

- Personal hygiene

3: Families

- Different family groups

Year 1 (CWP)

1: Keeping Clean

- Personal hygiene

2: Growing and Changing

- How babies change as they grow up

3: Families and Care

- Who to ask for help

Year 2 (CWP)

1: Differences; boys and girls

- Exploring and challenging stereotypes

2: Differences; male and female

- Male and female animals

3: Naming the body parts

- Similarities and differences

Year 3 (CWP)

1: Differences; male and female

- Naming body parts

2: Personal Space

- Different types of touch. Saying no

3: Family differences

- Different types of family
- Who to go to for support

Year 4 (BBC Active)

Unit 3 – Feelings

- Managing different feelings
- Respecting feelings of others
- Acceptable and unacceptable contact
- Communicating safely via the internet
- Asking for help

Unit 4 – Family Life

- Different family patterns
- Marriage and partnerships
- Celebrating events

Unit 5 – Friendships

- Different friendship groups
- Helping others
- Getting friendships right
- When friendships go wrong

Year 5 CWP & BBC

CWP (Y4 units)

1. Human lifecycle

- Describing the main stages

2. Puberty

- Basic facts

3. Puberty changes and reproduction

- How puberty is linked to reproduction

Year 5 CWP & BBC

CWP (Y5units)

1. Talking about puberty
 - Emotional and physical changes
2. Male and female changes
 - How puberty affects the reproductive organs
3. Puberty and hygiene
 - How to keep clean during puberty

BBC Unit 1 Growing Up

Body changes, periods, wet dreams, hygiene, emotional changes, feeling positive about yourself, different feelings for different people

Year 6 CWP & BBC

CWP

1. Puberty and reproduction
 - How body changes in preparation for reproduction
2. Understanding relationships
 - Different types of adult relationships
3. Conception and pregnancy
 - The process explained
4. Communicating in relationships
 - Positive and negative ways of communicating in a relationship

Year 6 CWP & BBC

Unit 2 – Cycle of Life

- Sexual reproduction, birth, caring for babies, sexuality, loss and change